

NORTHSIDE  
**FOOD  
PANTRY**  
ADVISORS

P. O. Box 100086  
Pittsburgh, Pennsylvania 15233  
www.northsidefoodpantry.org  
foodpantryadvisors@gmail.com

Northside Food Pantry Advisors ensure sustainable health and food security for our neighbors by donating time, money, and goods.

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# 2019 Annual Report

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## Produce, Produce, Produce!

We are most proud of the pantry's expanded distribution of fruits and vegetables: the pantry's produce usage has gone from 1,000 pounds per month in 2017, to 17,000 pounds in 2018, to 34,000 pounds per month in 2019. More than 200 tons of fresh produce was distributed in 2019. The Northside Food Pantry is the only Pantry in southwest PA that offers fresh produce to its clients on an unlimited, daily basis, with many of our neighbors returning several times a week for more fresh produce.

<i>FRESH PRODUCE</i>	<b>2019 in lbs</b>	<b>2018 in lbs</b>	<b>2017 in lbs</b>
<b>January</b>	27,964	9020	50
<b>February</b>	31,991	10930	52
<b>March</b>	34,964	15914	250
<b>April</b>	39,397	16540	100
<b>May</b>	35,557	16131	0
<b>June</b>	34,510	14617	147
<b>July</b>	35,437	9146	187
<b>August</b>	43,258	17609	100
<b>September</b>	43,008	16938	2159
<b>October</b>	36,225	27574	9375
<b>November</b>	36,608	31598	9680
<b>December</b>	26,482	23982	7030
<b>Total in pounds</b>	425,401	209,999	29,130
<b>Total in tons</b>	212	105	14.5
<b>Average per month, lbs</b>	35,450	17,500	2,427
<b>Average per month, tons</b>	17.7	8.75	1.2

## Recurring donors

In 2019, the Northside Food Pantry had 45 monthly recurring donors contributing an average of \$1,308 each month, or a total of \$15,691 for the year. In November, the Northside Food Pantry Advisors changed online giving platforms to allow for a more accountable and user-friendly experience for our supporters. Within six weeks, we had nearly 100% participation in our new recurring donor program and even generated four new donors. Recurring donors are the backbone of our giving efforts and allow for stability in income from month to month. Without you, our efforts would not be possible. Thank you!

## Who we serve

The Northside Food Pantry is one of the largest pantries in Western Pennsylvania by number of households served, helping up to 1,000 families a month from Pittsburgh's Northside residing in the 15212, 15214 and 15233 zip codes.

In 2019, the pantry served 2,686 individuals from 1,761 households, which includes 881 children. Pantry usage by kids under 17 represents a 50% increase over the past two years while adult clientele is expanding at a rate of nearly 25% during the same time period. From 2017 to 2019, there has been a 62% increase in the number of new individuals accessing the Pantry.

		2019	2018	2017
<b>INDIVIDUALS</b>				
No. Of Individuals Served *				
	Age 0-17	881	702	589
	Age 18-34	379	308	250
	Age 35-59	899	790	759
	Age 60+	527	505	454
	<b>TOTAL</b>	<b>2686</b>	<b>2305</b>	<b>2052</b>
New Individuals **		807	732	498
Legally Disabled Individuals		703	704	690
<b>HOUSEHOLDS/FAMILIES</b>				
New Households/Families **		511	475	328
Households receiving SNAP/Food Stamps		1045	879	863
<b>Total No. of Households/Families Served ***</b>		<b>1761</b>	<b>1558</b>	<b>1388</b>
* No. of individuals served no matter how many times they visited the Pantry in the year				
** New means have never come to the Pantry in the past				
*** Total No. of specific, Households/Families, not the number of visits to the Pantry				

## Taste of the Northside

In September, our friends at Faros Properties, Nova Place, and Alloy 26 hosted a food sampling event with eight local restaurants to benefit the Northside Food Pantry. With thanks to the generosity of Eco Bistro, Bistro to Go, The Priors, Penn Brewery, The Clark Bar, The Foundry, Big Red Room Café, and Kona Ice Cream Truck, the event raised more than \$2,000.

## Friendsgiving

Every November, Northside neighbors assemble for an annual Friendsgiving program to celebrate the season and support the Northside Food Pantry. In 2019, Friendsgiving raised \$2,500 for the Northside Food Pantry Advisors. A new addition in 2019 included the donation of a seasonal keg from Allegheny City Brewery.



## Amazon

Our Amazon Wish List continues to be one of the most popular ways to support the Northside Food Pantry.

In 2019, we received more than 200 separate Amazon orders worth more than \$5,000. One of the most popular items to buy continues to be heart-healthy Campbell's Chunky Chicken Noodle Soup, which goes for less than \$1.50/can when it's on special.

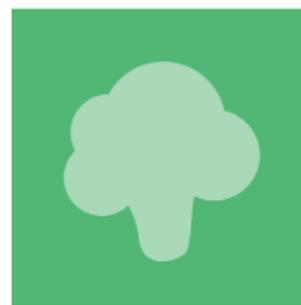


## Our Elks Club

Every year, our Northside Elks Club supports the Northside Food Pantry with in-kind purchases worth \$10,000. This support offers our clients hard to come by items like household cleaning supplies (dish soap, multi-purpose cleaner) and personal care items (shampoo, hygiene products).

## Looking ahead

The University of Pittsburgh's recent, "Pittsburgh's Inequality Across Gender and Race" report outlined something the Northside Food Pantry Advisors had been seeing anecdotally: our in-need neighbors require consistent access to wholesome foods to lead healthy lives. As such, on top of our 2020 food budget of \$30,000, we hope to raise \$10,000 to make 2020 our "Year of Greens." This will ensure that our neighbors have reliable, daily access to a leafy green vegetable, known as a primary fighter against heart disease.



2020:  
Year  
of  
Greens

## About us

What started in 2013 as an informal neighborhood "coffee crew" has turned into a formal and cohesive effort to consistently supply the Northside Food Pantry with healthy and wholesome foods. Our efforts are entirely volunteer. The following individuals were members of the 2019 Northside Food Pantry Advisors Executive Committee: Moira Regan Edminston, Linda Ehrlich, Kimberly Giles, Rachael Heisler, Collin O'Donnell, Cheri Pogue, Darlene Rushing, and Jana Thompson.

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## Want to give?

The Northside Food Pantry Advisors serve as a “friend of” organization for the Northside Food Pantry, which allows flexibility with the immediate purchase of items in need. Our efforts are 100% volunteer and funds raised go directly to the shelves.

We are glad to facilitate the donation of money, goods, or time. All donations are fully tax-deductible.

Please contact us for more information.  
[www.northsidefoodpantry.org](http://www.northsidefoodpantry.org)  
[foodpantryadvisors@gmail.com](mailto:foodpantryadvisors@gmail.com)

## Need food?

The Northside Food Pantry is at 1601 Brighton Road, Pittsburgh, PA 15212 inside of the Northside Common Ministries building. We serve residents residing in the 15212, 15233, and 15214 zip codes.

Shopping hours are Tuesday, Wednesday, and Friday from 9 am – 12 noon. Produce is available Tuesday through Friday from 9 am – noon.

Please bring a photo ID on your first visit.